TORONTO DISC GOLF
EST 1979

Disc Golf Pocket Guide

Tackling wind in ANY conditions.
Confidence for every shot.

MADE WITH <3 BY YOUENJOYMYDESIGNS

Tackling Wind

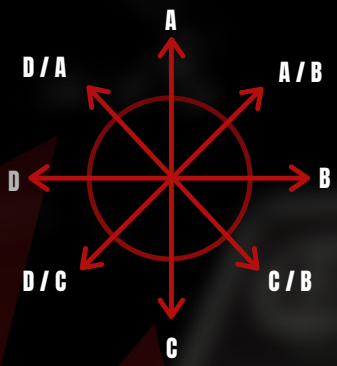
Confidence For Every Shot

Headwind

Less distance
More rise
Disc becomes more understable

Right to Left

Pushed left
Hyzers willdrop
Anhyzers will lift



Left To Right

Pushed right
Hyzers will lift
Anhyzers will drop

Tailwind

More carry
Drops faster
Disc becomes more overstable

when in doubt

- Heavier and flatter discs are more wind resistant
- Overhand shots:
  - **Overstable** travel further & flip slower
  - **Understable** flip faster and dive
  - **Tomahawk**: pan left to right
  - **Thumber**: pan right to left
- When throwing below intended speed, disc acts more overstable
- Slow is smooth and smooth is far
- Breathe!
- Carry out what you carry in
- Have fun!

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RHBH - LHFH

Right Hand, Backhand - Left Hand, Forehand

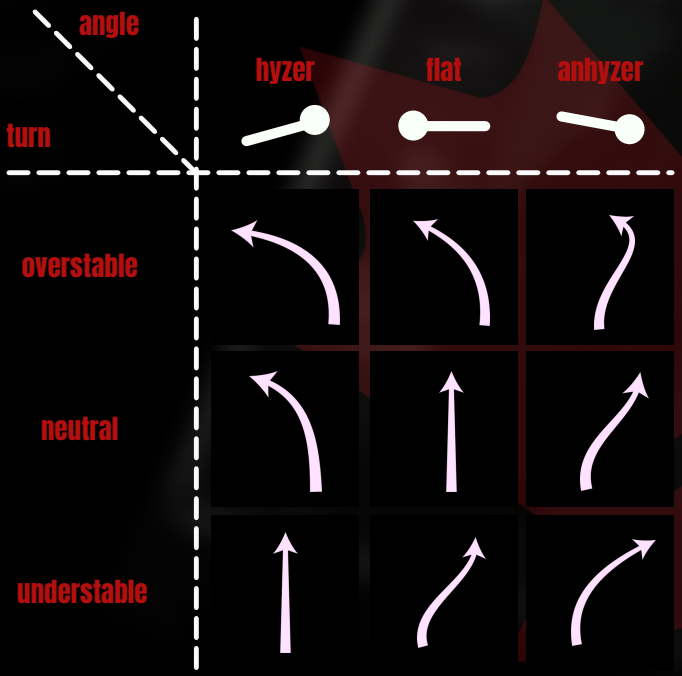
Flight Numbers

breaking down the disc flight numbers

9 / 4 / -2 / 2

**Innova Valkyrie Flight Numbers*

Speed	Glide	Turn	Fade
arm speed that's needed for the designed flight path	the ability of the disc to maintain loft during flight	the amount the disc will turn right during the initial flight	the amount the disc will fade left at the end of the flight



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LHBH - RHFH

Left Hand, Backhand - Right Hand, Forehand

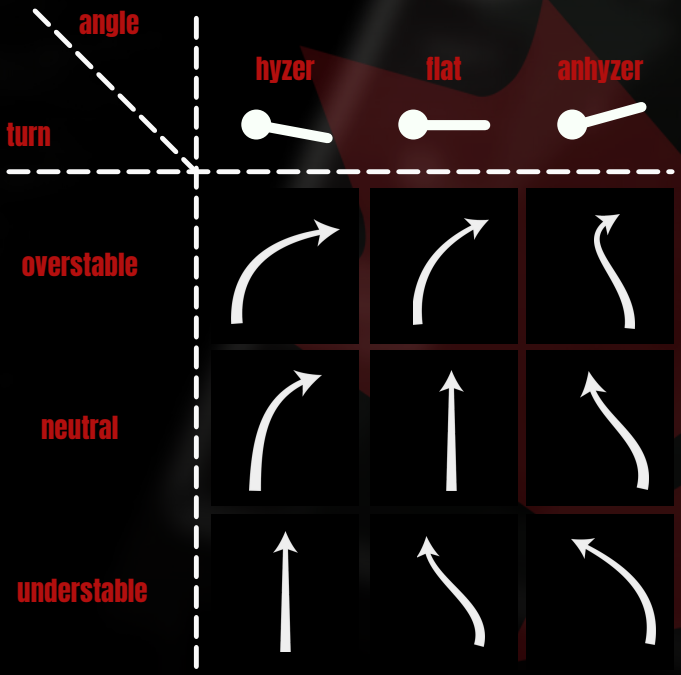
Flight Numbers

breaking down the disc flight numbers

11 / 5 / -1 / 3

**Discraft Surge Flight Numbers*

Speed	Glide	Turn	Fade
arm speed that's needed for the designed flight path	the ability of the disc to maintain loft during flight	the amount the disc will turn right during the initial flight	the amount the disc will fade left at the end of the flight



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Thank You

I hope you enjoyed these designs :)

A special thank you goes to those who helped develop this awesome disc golf resource.

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Want this disc golf pocket guide design for YOUR club?

Get In Touch Today!

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